

FREDERICK COUNTY 4-H THERAPEUTIC RIDING PROGRAM
Physical/Occupational Therapy Assessment

Patient's Name: _____ Date of Birth _____

Diagnosis: _____

Present involvement in any physical therapy programs? (Time/Week): _____

What is patient's program? (Detailed) _____

What are the therapy goals? _____

Muscle Tone/Movement Assessment

Muscle Tone: Please indicate
right or left if different,

Present Level of Function

UE, LE:

Spastic:

Flaccid:

Athetoid:

Normal:

PLEASE COMPLETE BACK OF PAGE

Limitations to ROM:

Ambulation/Gait:

Balance:

Coordination:

Standing:

Sitting:

Secondary problems which may affect riding:

- | | | |
|---|--|---------------------------------------|
| <input type="checkbox"/> Subluxing or dislocating hips | | |
| <input type="checkbox"/> Primitive or pathological reflexes | | |
| <input type="checkbox"/> Psychological (IQ if pertinent) | | |
| <input type="checkbox"/> Seizures _____ controlled for the last year? | | |
| <input type="checkbox"/> Auditory | <input type="checkbox"/> Speech | <input type="checkbox"/> Vision |
| <input type="checkbox"/> Circulation | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Sensory loss |
| <input type="checkbox"/> Pain | <input type="checkbox"/> Ataxia or Apraxia | <input type="checkbox"/> Orthopedic |
| <input type="checkbox"/> Incontinence | <input type="checkbox"/> Allergies | limitations |
| | | <input type="checkbox"/> Other |

Please describe the problems: _____

Precautions/Contraindications: _____

Suggested Activities/Exercises: _____

Date: _____

Signature of Therapist: _____

Telephone: _____

Therapist's Name (print): _____

Address: _____