FREDERICK COUNTY







Important Spring 2021 Dates:

Mar 15	Spring Student Registration Deadline
Apr 3 - May 13	Spring Session I
May 22 - July 1	Spring Session 2

"All we need is a helping hand..."

January 2021

Frederick County 4H Therapeutic Riding Winter Newsletter

Happy New Year from FC4HTRP,

In the winter months we are busy planning, improving, and taking care of all those projects we couldn't squeeze into the busy riding season. It's still hopping at TRP!

This year we're reflecting on our pandemic response and preparing for another session greatly impacted by the need to protect our community from Covid-19 while still serving our riders. We still have a few students riding in private lessons on warm days, and the Horse Buddies groom and exercise our ponies and horses to keep them active and healthy.





Our community rallied to support our program financially this year; the Silent Auction is usually our biggest fundraiser and it's cancellation meant relying more heavily on individuals and community partners to meet our budget. We are grateful for the generous support of everyone who donated. Facebook donations allow others to fundraise for us, and we're grateful to those individuals as well even when we don't know their names.

We are currently registering students for the Spring Session. There will be two 6-week spring sessions offered as well as individual lessons. We're both starting earlier and ending later to reach more students.

We'll keep you posted as summer approaches for our fall plans. Looking forward to a healthy and safe 2021!

"All we need is a helping hand..."

January 2021

Thank you to all our 2020 Donors!

DIAMOND 10,000+

Delaplaine Foundation Grant

PLATINUM 5,000-10,000

William E. Cross Foundation Sandy and Ron Zobrist Barbara Denn

GOLD 2,500-5,000

Alia Nissley and Family Joseph D. Baker Fund G. Frank Thomas Foundation Grant Monocacy Foundation Grant

COPPER 1-1,000

Wanda Bates Grimm's Automovation Mahri Saad Family Karen King Susan Snyder Amanda Gibson Sally Smith Stephanie Koziski Kathryn Eszeki Jeannie and Daniel Beall Colleen Allen Family Ellen Chitwood United Health Care Employee Matching Memory of John Madison Barb Carr of Sew What Blanket Cleaning Ralph Caretti

Kelly Schulz Annalisa Nelson Jane Wood Devon Lawrence Ashley Goldsborough Judy Smith Kathleen Cleveland Mt. Airy Mattress David Hechinger Melissa Stitt Dale Clabauah Butch and Mary Powell Connie and Lyman Myers Jeanette Patterson Matthew Porter Family Bradley Robinette Family Randy Rose Family Thermo Fisher Scientific

SILVER 1,000-2,500

Mike King Jennifer David Lee Sayrs Kiwanis Club of Frederick County Rose Bartz Eva and Bob Atkinson Ann Moxley Samantha Heyison Family Carol and Bob Sharpe Karolyn Lilly and Oden Shuler Family Jim Sayrs Mary Kay Sweeney Leah Myers

Paul Heasman Carolyn Bell Robert Kazdin Lewistown Ruritan Club JoAnne Leatherman Juanita Bowers Steven Taylor Kathy Seiler Mary Ellen Palko Joyce Shry Billy Barnhard Family William Castle Dominion Energy Employee Matching Fund Melinda Lukhard William C. Bell Carol and Norman Birzer Larry and Dawne Howard

Maxine Fritz Joan and Russ Thompson Darlene Nicholson Dr. and Mrs. Joseph Ashwal Diane and Steven Bill Melissa Featherstone Family Katherine Echols Andrew Nitz Ginger Reece Joseph Snyder James Plamondon, Plamondon Companies David Marwick Christopher Heffron and Booz, Allen Employee Matching

A huge thank you to Delaplaine Foundation for providing TRP with a grant to support the care of our equine heroes.

Delaplaine Foundation, Inc., is a private family foundation based in Frederick, Maryland, dedicated to the enrichment of communities and families within Maryland, nearby states and the District of Columbia by supporting programs to strengthen the arts and sciences, historical preservation, educational advancement, spiritual enlightenment and well-being. Learn more about their philanthropy at www.DelaplaineFoundation.org.

The "heart and soul" of the program is a group of well-trained, good-natured horses, diversified to accommodate a range of rider sizes and skill levels. They sense how you are feeling, know if you are paying attention to them, know what you need, and help you feel good and can give you a sense of accomplishment. Once a horse becomes part of the program, the horse is part of the program for life. If a horse is no longer able to support a rider due to illness, injury or age, he will join the ranks of "retired" FC4HTRP horses and will be cared for by the program's volunteers for the rest of his life. With this grant and the support of our community, we don't have any worries feeding and caring for our 18 horses and ponies this winter. This grant allows us to purchase hay, grain, supplements, and pay for farrier and veterinarian care.



"All we need is a helping hand..."

2020 Special Donations

In Memory of and in Honor of:

Michael Eissenstat in memory of Chris Eissenstat Linda MacDermid to honor Karen King Donations in memory of William Storey Jill Storey in memory of William Storey Jennifer David in memory of John David Truby LaGarde in honor of Barbara "Bobbie" Denn

From Riders to Care for Their Horses:

Diane Waggy and Family for Silver Maddy Sperling and Family for Tucker

To the Frederick County 4H Therapeutic Riding Fund at the Community Foundation of Frederick County: Susan Compofelice C. Rodman Myers



Shed donated by Home Depot; built & painted by Boy Scout Troop 279

From the Kiwanis Club of Frederick Fund at the Community Foundation of Frederick County From the C. Rodman and M. Jean Ogle Myers Fund of The Community Foundation of Frederick County

Amazon Smile Donations – 2020 Facebook Birthdays and Anniversary Donations – 2020

The Hitch Man in Taneytown, MD, in conjunction with Toro and Equine Equipment proudly donated a Toro mower to the Frederick County 4-H Therapeutic Riding Program. The Toro Mower was raffled off as the program's only fund raiser in 2020. Thank you to all the parents and volunteers who sold raffle tickets! It is very fitting that one of our therapeutic riding parents, Michael Vautaw's parents, won the mower.

Adam Peno of The Hitch Man and Steve Andersen of Equine Equipment are proud to support our program.





Fall 2019 the Saad family donated beautiful new green umbrellas for our volunteers (pre-Covid)!



January 2021

"All we need is a helping hand..."

In an abundance of caution, the program established COVID 19 Guidelines and strategies for everyone to follow while at the farm.

These Guidelines include:

- Observe social distancing in all possible instances
- Wear personal face masks
- Wash hands at the hand washing station or use hand sanitizer before and after riding or volunteering in each class
 - A Portable hand washing station was designed and built for everyone to use
 - Hand sanitizers, paper towels, wipes are always available for use
- Each visit we'll do screening and ask questions relating to COVID 19:
 - Temperature check/observation
 - Have you traveled outside of the state?
 - Have you been near someone who has COVID 19?
 - Do you have any COVID symptoms?

One of our volunteers produced a **COVID Guideline Video** outlining directions for everyone to follow upon arriving at the farm.

During the fall 2020 session and for the upcoming spring 2021 sessions, no more than 3 students will be permitted to ride in each class. Each rider has an assigned riding helmet that no one else will be permitted to use. The Volunteer Coordinator contacts and schedules each of the Horse Leaders and Side Walkers in advance of the classes, so that there are no "extra" volunteers on the farm. A half hour break is scheduled between each class to allow for sanitizing of all equipment.



Happy New Year and Thank You to all our supporters!

Your generosity ensures that therapeutic riding, and our beloved horses and ponies will help even more riders in 2021.