

2021 YEAR IN REVIEW NEWSLETTER #3



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2022 SPRING DATES

VOLUNTEER TRAINING

TUESDAY 5, 6, AND 7 PM CLASSES

THURSDAY 5, 6, AND 7 PM CLASSES

SATURDAY 9, 10, 11, 12, 1, 2 CLASSES

APRIL 16

APRIL 19 AND 26; MAY 3, 10, 17, 24, 31

APRIL 21 AND 28; MAY 5, 12, 19, 26; JUNE 2

APRIL 23 AND 30; MAY 7, 14, 21, 28; JUNE 4

PRESIDENT'S MESSAGE

It was wonderful to come back with most of our riders riding in the fall session. Our fall session was 6 weeks long, ending mid-October. Thus, the weather was pretty perfect for most of our classes, with warmer than usual temperatures. Many of us remarked that we didn't need our long johns and flannel jeans. The weather assisted in making this a great first full session back, with only a few classes riding indoors. Kim, Amanda and I encouraged more than 47 riders in 12 classes to work on and achieve their goals. Class sizes ranged from 2 to 5, depending upon abilities. Vicki, our Volunteer Coordinator, continued assigning Horse Leaders, Side Walkers and Barn Crew. In total more than 50 volunteers provided almost 3000 hours of support.

Tree Bowie, Krista Liller, Amanda Lievandag and Bobbie Denn worked their therapy magic with many of our riders individually and for entire classes. Many of our riders worked on posture, steering, quieting their minds, strengthening their core muscles, following directions.

OUR FALL SESSION

"Volunteers do not necessarily have the time; they just have the heart."

Elizabeth Andrew.



That is definitely true of our TRP volunteers! We would not be able to serve our riders without our volunteers. Each individual brings something special to our program. Our family of volunteers increased to over 50 for the fall session. Eleven people attended our volunteer orientation on August 28. All eleven of them volunteered throughout the fall session. How amazing is that?!



It was a pleasure to watch both seasoned and new volunteers develop relationships – with our rides, our horses and each other. With our increased class sizes, volunteers worked unbelievably hard to maintain a safe and enjoyable environment for all. Each of our volunteers holds a special place in my heart. I am grateful for the support you give TRP. Thank you all so much! Love, Vicki

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ANOTHER SUCCESSFUL SILENT AUCTION IS PUT AWAY FOR THE WINTER

BIG NEWS! We just had the most successful Silent Auction yet. After skipping our auction in 2020 due to COVID-19, we came back with a flourish. Putting on a party like ours is a huge undertaking. We sold approximately 244 dinner tickets. It is a testament to our resiliency as a family and community that we are able to pull together and enjoy this fun evening. It takes a lot of people working hard, generous donations from our community and our outside supporters, and YOU to make it happen. We appreciate everything that everyone did to help out. Patti Hawkins made calls to solicit donations; parents pulled their strings to secure donations from businesses they had pull with. So many people helped in many different ways. Thank you to all.



We have always rented a storage unit for the months leading up to the auction but for some reason this year they were scarce and very expensive. We stored the stuff in Kim and Dave's garage. On Silent Auction eve it was all moved to the hall by David Pheobus and Eric Bell in a horse trailer. There waiting was our army of volunteers and in typical TRP fashion, teaming and ready to solve the problem. This year we were faced with the daunting task of setting up in a very short time because we were on the clock hourly for the rental of the Fire hall. We managed to rearrange the tables and chairs, set up more tables, unpack the many items from tubs and boxes and place the bid cards. Melissa McLearn once again kept us organized with her layout plan. Stephanie Watkins demonstrated her computer skills to design and print our bid cards. The following people helped to set up the auction: Eric Bell, Stephanie Watkins, Vicki Fried, Holly Feather, Chyrl Ayotte, Mary Ellen Palko, Tammy Gillis, Judy Mellor, Jan Scaglione, Jan Boden, Missy Miller, Brandon Miller, Lee Sayrs, Melissa McLearn, Margie Allen, Pat Herbst and her friend Pam, Linda Gibbons, Rose Bartz and Dave and Kim Pheobus. Like an army of ants we accomplished it in 5 hours.



Once again we enlisted the help of local grocery stores, Walmart and Costco for donations of our food. Sandra at the Firehouse Subs on Kingfisher Drive answered the call providing our bread. Mike Halper led the charge in the kitchen again this year, serving as our 10 star Chef. Vicki Fried and Andrew Glazier were his sous chefs. They provided a tasty meal for all to enjoy. McCutcheon's very generously provided our spaghetti sauce again this year.

Krista Liller, Nanette Tummers, Bobbie Denn and Jordan Warner served it up with smiles under their masks. Rose Bartz provided the

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beer and wine. E.J. Jenkins was our Certified Alcohol Awareness bartender. Kim provided the lemonade and iced tea. Franni Wachter wrangled the dish washing. Janice Staley, Diane Waggy and Sandy Ruckosky served the very important desserts that our families provided. Georgina Engler and Susan Darling managed the \$2 table and Alia Nissley sold 50/50 tickets throughout the evening. Valarie Pearce and Chyril Ayotte greeted everyone as they entered the hall, selling dinner and raffle tickets and signing up individuals with Bid Numbers.

Sally Smith served as our Mistress of Ceremonies doing a great job. Patti Hawkins had surgery and Sally stepped in at a moment's notice and did a wonderful job. Our dinner hour music was provided by Uncle Charlie again this year. We always enjoy seeing him. New this year was the addition of background music. Andrew Darling provided and designed our audio equipment along with curating a great track of background music to enjoy. Again this year, Brookfield Pumpkins donated pumpkins for decorations and gifts. Rose Bartz printed our programs.

Over the years we have really tried to streamline the auction check out process. Behind the scenes we have people who manage the tabulations, cashier and table monitor tasks. They worked frantically to check our bidders out as quickly and efficiently as possible. The following souls survived that detail: Debbie Endlich, Val Pearce, Chyril Ayotte, Bev Grubbs, Holly Feather, Melissa McLearn, Lori Forcino, Lee Sayrs, Mary Ellen Palko, Rose Bartz, Claire Heasman, Stephanie Watkins, Sally Smith, Ana and Cory Endlich, Lindsey Trout, Joan Shobe, Missy Miller, Georgina Engler, Brandon Miller, Judy Mellor, Mary Kay and Sean Sweeney, Amanda Lipan, Amy and Bradley Robinette, Tammy Gillis, Terry Peters

Special thanks go out to our Auctioneer, Dana Dudley of Double D Auctions. She provided an exciting and enjoyable Live Auction experience. Sarah Steelman was responsible for our good fortune of having a professional present our Live Auction items. Kim Pheobus was the Live Auction secretary and Jacob Jenkins the bid runner.

Last but not least, thanks go out to all of those TRP warriors who stayed to help us clean up and put the hall back the way it started.

So as they say in show biz, it's a wrap for another year. Incidentally, we made \$18,000 this year; the best ever! Thank you to everyone who had anything to do with this fundraiser. It is our largest fundraiser of the year and we depend on the funds collected to keep our Program running and our horses provided for. COVID-19 has changed and challenged us in every aspect of our lives. Our Program's strength depends on the support, generosity and love we receive from our family and community. Hope to see you next year. Thanks everyone.

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NOAH'S STORY



Noah started riding with FC4-HTRP in the summer of 1999 when he was just two years old. In the beginning it was suggested that he try therapeutic riding to help him learn to walk. Little did we know that it would become such an important part of his life. As Noah got older routine, structure, and consistency became crucial to his daily success. Throughout his teen years we started to see an increase in aggressive and challenging behaviors. At age 19, for the safety of everyone in our home, we decided the best option was for him to move into a group home. This was the most difficult decision that we had to make as parents. As his mom, I was heartbroken. I had a plan for Noah and his future, and this was not it. The only opening that we could find that we thought was a good fit was In Rockville. To make Noah's transition easier we tried to keep many of his activities the same. We shared with the house manager that we would be taking Noah to Frederick County for riding, and they could not understand why we would not switch to a program in Montgomery County. I told them it was simple, no program near his house had a Ms. Patti or a Miss Debbie.



Noah is going on his fourth year in the same group home. He absolutely loves it there, and absolutely loves our Thursday afternoons. I pick him up in plenty of time to make a visit home, and then head to the barn, and then grab a bite to eat before heading back to Rockville. I cannot thank FC4-HTRP enough for all of the support and love for Noah over the past 23 years and for offering him consistency through this major life change.

COVID GUIDELINES

PLEASE DO NOT COME

- If you have been out of the country
- If you have been in close proximity to someone known to have COVID symptoms
- If you have COVID symptoms



If you have been in close proximity to someone known to have COVID symptoms or have COVID, you will need to quarantine for 7 days before returning to Therapeutic Riding.

The wearing of face masks will be optional. If you feel safer wearing one, by all means wear it. Hand sanitizer and the hand washing station will be available.

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VACATION RAFFLE – WILLIAMSBURG VILLAGE - December 4 thru 11, 2021

The historic Williamsburg Village and The Historic Powhatan Resort raffle was won by Jeremiah Herbst and promptly given back to the TRP family to be auctioned off during our Annual Silent Auction/Spaghetti Dinner. Thank you to everyone who participated, our organization earned over \$2200 from tickets. More vacation raffles to come soon.

