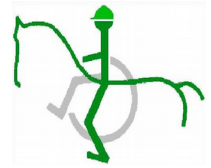


FREDERICK COUNTY 4H THERAPEUTIC RIDING PROGRAM

Horse Discovery Center



"All we need is a helping hand..."

Issue #8

FAMILY NEWSLETTER

September 2022

20th ANNUAL SPAGHETTI DINNER AND SILENT/LIVE AUCTION

IT'S TIME TO PREPARE FOR THE BIG PARTY!

HELP! This is a big fundraiser, and we need all hands on deck!

Back by popular demand, the Spaghetti Dinner and Silent/Live Auction return Saturday, October 22. Once again, we will hold it at the Lewistown Vol. Fire Company with dinner service from 4:30 to 7:30 p.m. At 7:30 p.m., the Silent Auction will end, and we will draw the winner of the raffle for the Williamsburg vacation. The Live Auction will begin shortly thereafter.

This is our largest fundraising activity of the year and is vital to our Program. Your donations and help are sincerely needed and appreciated. Since FC4HTRP does not receive any government funding, we must raise all of our operating funds and continuously apply for rewarded grants that support our beloved therapeutic herd of horses throughout the year.

The Frederick County 4H Therapeutic Riding Program has provided physical, mental, and/or emotional support through horseback riding to the disabled residents of Frederick County since 1983. We serve upwards of fifty students each fall and spring, ranging in age from 2 to 80.

It has been only through the generosity of our volunteers and donors that we have been able to continue this important and worthwhile mission despite difficult times.

Please invite your family and friends for a fun-filled evening with delicious food, great finds at our Silent and Live Auctions, live music by Uncle Charlie, and friendly TRP fellowship. Light wine and beer will be available at a Cash Bar.

Advanced tickets are available for \$12 from a TRP family member or at the farm. Adult tickets are \$15 at the door. Tickets for children under ten years of age are \$7.

Together we can make this our best Spaghetti Dinner & Silent/Live Auction ever.

DONATION INFORMATION

(See 'Silent/Live Auction Donation' lists on page 3.)

Drop your donations off at the farm or Kim's house, 7121 Linganore Road. It is very important that when leaving donations you fill out a donation form located on the refrigerator in the tack room. If you leave items on Kim's porch, please mark them with your name, address, and phone number, and notify her if you are dropping something off in case of rain. Her cell is 301-639-9872.

PARENTS AND VOLUNTEERS

WE NEED YOUR ASSISTANCE

To make this Silent/Live Auction a success, we need enthusiastic parents and volunteers to help.

"Many hands make light work!"

We need:

- ◆ Individuals to call past donors asking for a donation. We will give you a contact donor list with phone numbers or email addresses along with a donation request form. (You won't have to pick up the donated items.)
- ◆ Individuals to pick up donated items
- ◆ Individuals to take Donation Requests to area grocery stores. (A list of stores will be on the table during class times.)
- ◆ Individuals with business contacts who can bring on new donors.

The success of this Silent/Live Auction, our largest fundraiser, depends on your assistance in acquiring quality items.

If you can help with any of these tasks, please email us at
www.facebook.com/FC4HTRP/

SEE YOU AT THE PARTY!

HORSE DISCOVERY CENTER UPDATE

On August 26, it was our pleasure to visit COUNTRY MEADOWS OF FREDERICK RETIREMENT COMMUNITY on Quinn Orchard Road.

Bambi and Cupcake joined us to entertain the residents. As the residents fed carrots and apples to the horses, they smiled as they reminisced about their younger days spent around horses.

The visit was a great success. Thanks, Bambi and Cupcake. You're the best.

Comments: "I cannot thank you enough for the visit today. The residents were still talking about the ponies at happy hour in every neighborhood. What a joyful day."

"Thank you for the time and commitment we received today from all of you! What a blessing!" Carol Ditman, Executive Director.



BE A WINNER!

This year's fundraising raffle is for a vacation from July 1, 2023, to July 8, 2023, at the beautiful Historic Powhatan Resort in Williamsburg, Virginia.

Accommodations for up to 6 occupants in a first-floor unit include a full kitchen, one king bed, two twin beds, and one queen sleeper sofa in the spacious living room. There are two full baths. Also included are free WiFi, an indoor pool, an outdoor pool, and a fitness center.

If you're up to having a relaxing vacation next summer in historic Williamsburg, take a chance on a great vacation as you support Frederick County 4H Therapeutic Riding Program.

You can purchase your tickets from volunteers, parents, students, or at the farm. (\$10 each or \$25 for three).

The drawing will take place on October 22 at 7:30 during our annual fundraiser. You need not be present to win.

Thank you in advance for your support.



This vacation is provided by Rose Bartz.

VOLUNTEER NEWS

At Silverado Stables, we hosted three volunteer training days—August 27, 30, and September 1—adding 35 new prospective volunteers.

Each training session lasted about two hours. The prospective volunteers viewed a slide show, toured the farm, and had hands-on learning experience with our horses and ponies.

In addition, they learned how to lead and side walk with our riders while other prospective volunteers worked in the barn learning to groom the horses and ponies.

Thanks to all for making this a successful campaign.



Approximately 30 members of **KEY CITY ROTARY CLUB** and their families visited us on Thursday evening July 21. As a new Rotary in Frederick County, Key City Rotary Club is enthusiastically looking to support our community.

Members toured the farm and facilities and were present to watch a private therapeutic riding lesson.

Cyrus, one of our clients, rode Cupcake aided by one of our therapists/instructors.

Members expressed an interest in volunteering and supporting our program in a variety of ways.

Thanks for checking us out.



Individuals from Frederick's **BIMBO BAKERIES USA**, the largest bakery in the USA, are volunteering for our fall classes—leading and side walking.

Many employees, their friends, and family members attended Volunteer Training on August 25.

We look forward to working with you this fall.

SILENT/LIVE AUCTION DONATIONS

ACCEPTABLE DONATIONS:

Antiques
Collectibles
Horse-themed items
Novelty/out-of-the-ordinary items
Handmade/handcrafted items
Books, Puzzles with all the pieces
Like new glassware/dishware
Commercially prepared food items (like McCutcheon's)
Like new household items (NO TEXTILES!)

Holiday Decor
Jewelry
Pre-assembled theme baskets

Personal care items must be NEW and in original packaging
Gift cards from stores (Amazon, Pet stores, feed stores, home improvement stores, online and local stores, liquor stores, supermarkets).
Restaurant certificates and gift cards donated on behalf of your family.

In addition, we need larger baskets, ribbons, wrapping/tissue paper, small jewelry boxes, and gift bags to assemble our donations.



UNACCEPTABLE DONATIONS

NO CLOTHING

Household textiles
Wine/Alcohol
Dirty, broken, scratched, poor condition and in need of repair in order to sell items
Things that don't run (check for good operation with new batteries before donating)
Toys/puzzles with pieces missing or are broken
Silver that is tarnished and dirty
If you wouldn't buy, please don't donate it.

COVID GUIDELINES

PLEASE DO NOT COME:

- ◆ if you have been out of the country.
- ◆ if you have COVID symptoms.
- ◆ if you have been in close proximity to someone with COVID symptoms.

If any of the above conditions relate to you you will need to quarantine for seven days before returning to Therapeutic Riding.

You have the option to wear a facial mask if you choose. As always, we have hand sanitizer and a hand-washing station available for you on-site.



FALL 2022 DATES

- ◆ **FALL SATURDAY CLASSES:** 9 a.m., 10 a.m., 11 a.m., 12 p.m., 1 p.m., and 2 p.m.; September 3, 10, 17, and 24; October 1, 8, and 15.
- ◆ **FALL TUESDAY CLASSES:** 5 p.m., 6 p.m., and 7 p.m.; September 6, 13, 20, and 27; October 4, 11, and 18.
- ◆ **FALL THURSDAY CLASSES:** 5 p.m., 6 p.m., and 7 p.m.; September 8, 15, 22, and 29; October 6, 13, and 20.
- ◆ **SPAGHETTI DINNER & SILENT/LIVE AUCTION:** October 22.
- ◆ **MAKEUP DAYS:** October 25, 27, and 29.

WISH LIST

- | | | |
|-------------------|----------|----------------|
| ◆ Paper Towels | ◆ Water | ◆ Copier Paper |
| ◆ Leather Cleaner | ◆ Snacks | |

JUST FOR FUN Buckaroo & Buckarettie Cookies



Ingredients:

Nutter Butter cookies
Candy googly eyes
Peanut or Cashew halves for ears
Melting chocolate, brown and white

Instructions:

- 1) Gather your ingredients. Pick out the peanut/cashew halves you want to use for the ears.
- 2) Melt the chocolate according to package directions.
- 3) Place a dab of melted chocolate on one side of the top of the cookie. Press a peanut/cashew into the chocolate. Repeat with the second side. Let it sit for a couple of minutes for the chocolate to harden. (Attach ears to all the cookies.)
- 4) Line the cookies up and reheat chocolate if necessary before attaching the eyes.
- 5) Place a small dab of white melted chocolate on the back of a googly eye. Press it into place. (Attach eyes to all the cookies.) (See photo for placement.)
- 6) Add hair, nostrils, and mouth with a fine icing tip. (Use white or brown for the mane.)

You can enjoy these super cute horse cookies right away or store them in an airtight container at room temperature for up to a week.